



DHARMASATYA WORKSHOPS

International Esoteric & Mystic Workshops

ENCHANTED CRYSTAL SERIES :

ENCHANTED OPAL ESSENCE ENERGY ATTUNEMENT

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Australia produces around 97% of the world's opal. 90% is called 'light opal' or white and crystal opal. Lightning Ridge in New South Wales, is the main source of black opal. The Virgin Valley opal fields of Humboldt County in northern Nevada produce a wide variety of precious black, crystal, white, fire, and lemon opal. Another source of *white base opal* in the United States is Spencer, Idaho. Other significant deposits of precious opal around the world can be found in the Czech Republic, Slovakia, Hungary, Turkey, Indonesia, Brazil, Honduras, Guatemala, Nicaragua and Ethiopia. In late 2008, NASA announced that it had discovered opal deposits on Mars.

Opal is very sensitive to heat or sudden change in temperature. Never clean your Opal jewelry in an ultrasonic cleaner, it will crack the Opal.



The Amber will Work :

- Opal is a stone of inspiration which enhances the imagination and creativity as well.
- It helps one release inhibitions and enhances the memory.
- Opal is also said to be a very spiritual stone, and can help one be "invisible" in situations where they don't care to be noticed.
- It has been known to bring happy dreams, and also to ease the process of change.
- Opal is a silicate, containing water, correlating with our emotions. Clarifies by amplifying and mirroring feelings, buried emotions, desires (including love and passion). With this comes less inhibition, more spontaneity, free visualization, clearer imagination, and more vivid dreams.

Fire : This is an enhancer of personal power, awakening the inner fire, as well as protection against danger. It is a symbol of hope, an energy amplifier, facilitating change and process. It supports through emotional turmoil, and is a wonderful stone in releasing and letting go of the past.

Blue : The ultimate stone for all forms of wishes, for entering the world of the fae (fairies) and for seeing beyond the immediate physical reality to the wonders within nature and life.

Blue - Green (Chrysopal) : This opal will open one to new impressions and encourages openness in others. It will help one to observe the world with new eyes, and it alleviates emotional burdens.

Green : This is beneficial for cleansing and rejuvenating that promotes emotional recovery and aides relationships. It has the ability to filter information and reorient the mind, thus giving it a better meaning to every day life, and bring about a clearer spiritual prospective.

Pink : Promotes a feeling of centeredness, as a spiritual level this opal activates clairvoyance and clairsentience. It can be particularly helpful in healing head aches caused by blocked or unopened third eye chakras.

Black : Is known to enhance sexual attractiveness, as well as leading one to a higher spiritual experience. One of the strongest good luck stones. It is told to transform the fears that hold us back from action into optimism and an eagerness to get on with our lives.

Blue Peruvian Opal : Relatively rare and comes from the Andes in Peru, it is a moderately translucent stone with a blue-green color quite similar to the Caribbean Sea. This stone has soft relaxing energies, and lore tells us that it has the ability to remove the tension from any communication to help ideas to flow freely. It is told to soften the impact of stress from the outside world, helping one to release the trauma of old wounds, facilitating facing the future with a tranquil self healing nature. It is good for quieting the mind and helpful in aiding sleep.

Pink Peruvian Opal : Despite it's natural colour, this is not a soft pillow-y kind of energy, but rather incredibly vibrant and stimulating. It raises ones spirit and elevates the mood. This "euphoria" is not the kind that you lose your thought process, but it more attunes you to the natural pulse of love, which of course brings about the shift in attitude, mood and mind. Which in turn helps in balancing the art of giving and receiving. Often we are drawn to one or the other, and have trouble balancing...this opal will help one to see that both side (like ying & yang) are necessary and both are needed for wholeness.



MAGICAL PROPERTIES:

Energy: Projective, Receptive

Element: All Elements

Deity : Cupid (Roman God of Love)

Powers : Astral projection, psychism, beauty, money. Luck and power.

To many the opal has been known as a stone of sorrow, misfortune and bad luck. This however is a modern idea, and untrue. The opal contains all of the colours as well as all of the qualities of all other stones. And as such, an opal may be "programmed" or charged with virtually every type of energy used in all spells involving all magical needs.

Opals are worn during trips of astral projection to facilitate the process but also for protection. Opals are used to recall past incarnations, and is favoured by many to develop psychic powers. Jewellery is the best for this aspect, especially ideal are earrings. Opals are worn to bring inner beauty to the surface, and one should carry or use an opal to dedicated oneself to improving outward appearance.

Fire opals are often used in spells for drawing money. They are effective in use within rituals to increase passion in a relationship. It is excellent for working with the four elements and channelling the energies of the fire spirits in a positive way.

Black opals are prized by magicians and Wiccans as strong power stones. More recently in Wiccan rituals used as God stone (white opal being the Goddess stone) Black opal amplifies power magically and an amulet of black opal attracts good fortune.

All opals are considered luck-bringing stones.

A warning ... opals are *extremely* sensitive to the energies and vibrations of the wearer, projecting the exact same vibrations as the bearer of the stone. Which on one hand makes an opal a wonderful manifestation stone. If one truly believes in an idea strong enough, the stone will beam those positive vibrations out, thus attracting just what you hold possible in your mind. However, on the other hand, your negative vibrations will also be broadcast with the same amount of power. Do not use opal if you are feeling down, pessimistic or negative in any way, you will only compound the issue.



ZODIAC PROPERTIES

Associations : All Planets

Modern Birthstone for the month of October.

Stone of Cancer, Libra, Pisces and Scorpio, and said to be ruled by Mercury

CHAKRA POSITION AND USAGE

Due to all of the colours contained in this stone, it may be used to work on any and all of the chakras.

Blue: resonates the 5th, Throat Chakra and can enhance communication, especially that of which has been suppressed through lack of self confidence. Rainbow blue opal cleanses and gently energizes the aura and all the chakras.

Pink: Aids in cleansing and activating the 1st, Root or Base Chakra and 2nd, Sacral or Navel Chakra. Promotes a feeling of being centered. It can be particularly helpful in healing head aches caused by blocked or unopened 6th, Third Eye or Brow Chakra.

Black-Brown-Grey: resonates with the 2nd, Sacral or Navel Chakra as well as the reproductive organs. Use with fluorite to clean the aura and prevent cording.

HEALING PROPERTIES

- Opal are known to strengthen the will to live.
- Linked to the heart, and told to stimulate the glands and regulate the metabolism.
- Opal has a beneficial effect on the human psyche, pouring a warm healing energy on broken hearts and restoring harmony.

White: Greatly increases general productivity through activation of the necessary glands. Regularizes the biorhythms of the wearing, avoiding discordant energies which may lead to uncontrolled behaviour between frantic activity or total inactivity. Harmonizing desire, creating lovemaking rather than pure appetite, restores pleasure to eating which alleviates food related disorders.

Fire: This opal supports through emotional turmoil, and is a wonderful stone in releasing and letting go of the past. It resonates with the abdomen and lower back and the triple burner meridian. It heals the intestines as well as the kidneys, balancing the adrenal glands and preventing burn out. It also stimulates the sexual organs, and is an excellent stone for warming and reenergizing.

Blue: Emotional soother that helps to realign one to their spiritual purpose. It is useful when past life experiences are affecting the present life, these can be healed through the etheric blueprint.

Blue-Green (Chrysopal): Detoxifies and regenerates the liver as well as relieving feelings of constriction from the heart and chest.

Green: Green opal strengthens the immune system and helps to alleviate colds and flu.

Pink: It can be particularly helpful in healing head aches caused by blocked or unopened third eye chakras. It promotes tissue regenerating and heals blood disorders, muscle tension as well as spinal disorders and menopausal symptoms which may afflict.

Black-Brown-Gray: Particularly useful for releasing sexual tension that arises from an emotional cause, as well as for processing and integrating newly found or released emotions. Black opals will absorb pain and/or illness, replacing it with a healing rainbow of light. It may ease chronic bone problems or weaknesses and any disease deep within the body tissue. Use it to counter side effects from modern x-ray or laser treatments as well as to reduce the toxicity of necessary chemical treatments.

PREPARATION FOR ATTUNEMENT

1. To carry out the attunement, you will need approximately 30-50 minutes. Energy increases during attunement. Do not be surprised.
2. During attunement sit in yoga position or lay down.
3. Quiet your mind and receive the various sensations.
4. You may observe any changes in your body, in hands, legs, and head. It can be warm, heat, fluctuations around of a body, colour visions, touches of invisible essences.
5. Everyone receives various sensations during the attunement process.
6. However whether you feel anything or not.
7. All of you will equally accept attunement and sensations during attunement as it appears a fine gift for you.
8. It is desirable to be alone and undisturbed during attunement.

HOW TO RECEIVE ATTUNEMENTS

1. Place your palms in Gasho position.
2. Then state. *"I am now ready and willing to receive the Enchanted Opal Essence Energy Attunement from ... (TEACHER NAME) with all perfection. Thank you."*
3. After that, the stream of energy will flow. Remember: energy always begins and flows to where it is necessary. You will always receive the correct healing required, irrespective of such factors as how serious or insignificant your problem is. You will receive a stream of energy and it will flow in those places where it is necessary.
4. Stay in meditative position for 30 minutes.
5. Upon completion of the attunement, do not forget to thank the Light Forces and your Guardian Angel.

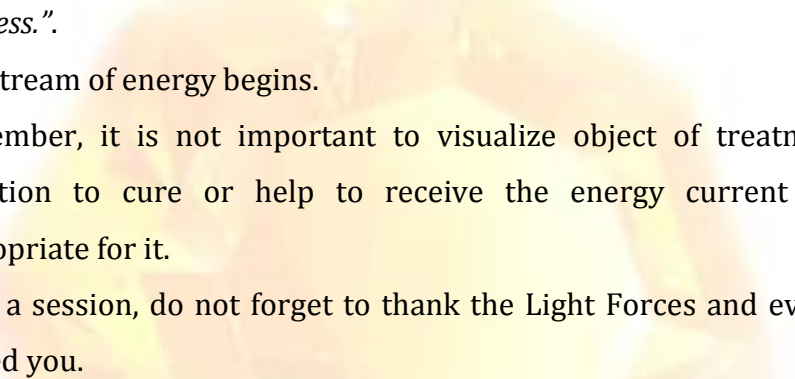
HOW TO PASS ATTUNEMENTS

1. Do short meditation.
2. Place your hands in Gasho position.
3. Ask Cupid to protect you and help you to do this attunement.
4. Then draw Hon Sha Zen Shonen, Cho Ku Rey, Sei Hei Kei, Day Ko Mio.
5. Affirm : *"Enchanted Opal Essence Energy (Repeat 3 times), attune ... (Name of Student) and ... (Location) to your full Enchanted Opal Essence Energy at this exact moment. Thank You."*
6. Continue meditation for 10 minutes.

SELF TREATMENT

1. After attunement, you may use the energy for sessions of self-treatment.
2. Self-treatment is good to carry out daily, cleaning your mind, and call in the energy.
3. Just say silently or think : *"Cupid give me the Enchanted Opal Essence Energy."* Repeat 3 times.
4. Pronunciation of the name of energy immediately begins a flowing of energy.
5. It is not necessary to concentrate on preservation of a stream of energy; it will flow freely.
6. Position Your hands in any or do all Reiki positions and just relax and enjoy the energy.

DISTANT HEALING

1. Clear your mind and call the energy.
 2. Visualize the patient or write its name on a palm of your hand and connect palms together.
 3. Draw Hon Sha Zen Shonen on your hand palms.
 4. State that you are sending distant treatment to *"Name of Patient"* and *"Location"*.
 5. Mentally say : *"Cupid please send the 'Enchanted Opal Essence Energies' (Repeat 3 times), to ... (Name of Patient) and ... (Location) to heal all sickness."*
 6. The stream of energy begins.
 7. Remember, it is not important to visualize object of treatment, suffice intention to cure or help to receive the energy current in a place appropriate for it.
 8. After a session, do not forget to thank the Light Forces and everyone who helped you.
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The Founder of

Enchanted OPAL Essence Energy

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